ANAVRIN WELLNESS | FREE PRACTITIONER WORKSHEET

Stage 6 · Professional Development Portfolio

12-Month Practitioner Mastery Roadmap · Months 11-12

Stage goal
Bring together your learning in a self-directed record of technical understanding, careful reasoning and professional communication.

Practitioner name _____

Device / software version (if relevant) _____

Start date _____

Learning objectives

- Organise evidence of learning across technical workflows, reflection and research.
- Explain a software concept in plain language with its limits.
- Use peer feedback and reflection to define continued learning needs.

Practical assignments

- 1. Compile your completed technical workflows, worksheets and case reflections.
- 2. Complete one final critical case review and research evaluation.
- 3. Create a short teaching resource demonstrating a software concept, including its limitations.

Completion milestone: Complete your self-directed Practitioner Development Portfolio.

Suggested next resource

Continue into self-paced Academy courses and choose relevant practitioner resources from the ebook library.

Stage 6 · Reflection & evidence record

Reflection questions

What did you expect to find, and what did you actually observe?

Your notes

Which parts of this exercise are device-specific, and which can be repeated across systems?

Your notes

What alternative explanations, uncertainties or limitations should a reader understand?

Your notes

Evidence and limitations check

- ■ I recorded the device, software version, settings and relevant conditions.
- ■ I separated client-reported information, software output and independently established findings.
- ■ I noted uncertainty, confounders, alternative explanations and source limitations.
- ■ I avoided presenting device-generated indicators as a confirmed medical finding.

Completion date

Personal reflection: what will I change or practise next?

Educational scope: This worksheet supports self-directed learning. It is not Academy coursework or assessment and does not count toward course credit or completion. It does not confer a licence, qualification, diagnostic authority or clinical competency.