ANAVRIN WELLNESS | FREE PRACTITIONER WORKSHEET

Stage 3 · Advanced Case Reasoning

12-Month Practitioner Mastery Roadmap · Months 5-6

Stage goal
Develop disciplined, ethical case-review and documentation skills.

Practitioner name _____

Device / software version (if relevant) _____

Start date _____

Learning objectives

- Separate client-reported information from device outputs and independently established findings.
- Identify confounders, uncertainty and alternative explanations.
- Recognise when appropriate medical assessment or referral should be encouraged.

Practical assignments

- 1. Review an anonymised educational case using a structured reasoning worksheet.
- 2. Identify five possible confounding factors or alternative explanations.
- 3. Write a case summary separating client-reported information, device outputs, established findings and referral recommendations.

Completion milestone: Complete an anonymised case-reasoning portfolio entry.

Suggested next resource

Continue with free clinical-thinking lessons. Practitioner books are available separately through the bookshop.

Stage 3 · Reflection & evidence record

Reflection questions

What did you expect to find, and what did you actually observe?

Your notes

Which parts of this exercise are device-specific, and which can be repeated across systems?

Your notes

What alternative explanations, uncertainties or limitations should a reader understand?

Your notes

Evidence and limitations check

- ■ I recorded the device, software version, settings and relevant conditions.
- ■ I separated client-reported information, software output and independently established findings.
- ■ I noted uncertainty, confounders, alternative explanations and source limitations.
- ■ I avoided presenting device-generated indicators as a confirmed medical finding.

Completion date

Personal reflection: what will I change or practise next?

Educational scope: This worksheet supports self-directed learning. It is not Academy coursework or assessment and does not count toward course credit or completion. It does not confer a licence, qualification, diagnostic authority or clinical competency.