ANAVRIN WELLNESS | FREE PRACTITIONER WORKSHEET

Stage 2 · Advanced Software Fluency

12-Month Practitioner Mastery Roadmap · Months 3-4

Stage goal
Navigate NLS software confidently and document workflows consistently.

Practitioner name _____

Device / software version (if relevant) _____

Start date _____

Learning objectives

- Navigate a selected software version and record interface terms accurately.
- Compare library categories without treating software labels as clinical findings.
- Build a repeatable device-neutral workflow checklist.

Practical assignments

- 1. Complete one documented software-navigation workflow without relying on automatic interpretations.
- 2. Compare three software-library categories and explain their intended purpose and limitations.
- 3. Create a repeatable, device-neutral workflow checklist.

Completion milestone: Produce a complete illustrated workflow guide.

Suggested next resource

Free illustrated Biophilia lesson and the Practitioner Learning Series; software walkthrough manuals are in the bookshop.

Stage 2 · Reflection & evidence record

Reflection questions

What did you expect to find, and what did you actually observe?

Your notes

Which parts of this exercise are device-specific, and which can be repeated across systems?

Your notes

What alternative explanations, uncertainties or limitations should a reader understand?

Your notes

Evidence and limitations check

- ■ I recorded the device, software version, settings and relevant conditions.
- ■ I separated client-reported information, software output and independently established findings.
- ■ I noted uncertainty, confounders, alternative explanations and source limitations.
- ■ I avoided presenting device-generated indicators as a confirmed medical finding.

Completion date

Personal reflection: what will I change or practise next?

Educational scope: This worksheet supports self-directed learning. It is not Academy coursework or assessment and does not count toward course credit or completion. It does not confer a licence, qualification, diagnostic authority or clinical competency.