ANAVRIN WELLNESS | FREE PRACTITIONER WORKSHEET

Stage 1 · Technical Foundations

12-Month Practitioner Mastery Roadmap · Months 1-2

Stage goal
Understand the fundamental concepts and limitations of NLS technology.

Practitioner name _____

Device / software version (if relevant) _____

Start date _____

Learning objectives

- Define common NLS terms and distinguish scientific definitions from manufacturer-specific labels.
- Map your device architecture, libraries and navigation sections.
- Explain what device-generated outputs can and cannot establish.

Practical assignments

- 1. Create a glossary of 25 commonly used NLS terms, distinguishing scientific definitions from manufacturer terminology.
- 2. Map the main software libraries and navigation sections of your device.
- 3. Write a one-page explanation of what your device outputs can and cannot establish.

Completion milestone: Produce a technical foundations reference sheet.

Suggested next resource

Free lesson: Understanding Your NLS Software Libraries; Energetic Blueprint Volume 1 is available through the practitioner bookshop.

Stage 1 · Reflection & evidence record

Reflection questions

What did you expect to find, and what did you actually observe?

Your notes

Which parts of this exercise are device-specific, and which can be repeated across systems?

Your notes

What alternative explanations, uncertainties or limitations should a reader understand?

Your notes

Evidence and limitations check

- ■ I recorded the device, software version, settings and relevant conditions.
- ■ I separated client-reported information, software output and independently established findings.
- ■ I noted uncertainty, confounders, alternative explanations and source limitations.
- ■ I avoided presenting device-generated indicators as a confirmed medical finding.

Completion date

Personal reflection: what will I change or practise next?

Educational scope: This worksheet supports self-directed learning. It is not Academy coursework or assessment and does not count toward course credit or completion. It does not confer a licence, qualification, diagnostic authority or clinical competency.